

What Is Courage?

Courage can be
Saying "Hello" to someone you don't know,
Being bold as loved ones grow old,
Doing what you know is right even if it gives you fright.

Courage can be
Standing up tall, even after you fall,
Being brave even if you are afraid,
Holding your head high while you say-goodbye.

Courage can be
Trying something new you don't know how to do,
Facing your biggest fear even when your worries appear,
Following your heart even when you don't know where to start.

Courage is
Speaking up, Being bold, Doing what's right,
Standing up tall, Being brave, Holding your head high,
Trying something new, Facing your fears, Following your heart.

Courage is being YOU!