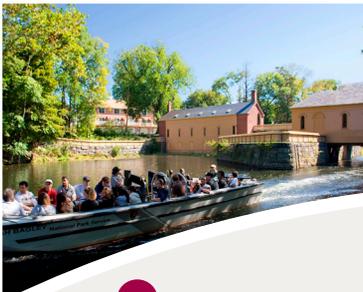


ADULT Winter Events

December 2016, January, February 2017



Wilmington
MEMORIAL Library

Community Starts Here

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Winter 2017

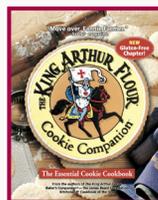
Holiday Happenings *RR

Cookin' the Books Cookie Exchange

Monday, December 5, 7 pm

Featured Cookbook: *King Arthur Flour Cookie Companion*

Cookies say holidays! This special evening edition of Cookin' the Books features *King Arthur Flour Cookie Companion*. Pick up a copy of the cookbook at the library, email your recipe selection to Lisa Crispin (lcrispin@wilmlibrary.org), make three dozen; then come to the meeting and go home with a variety of cookies. Yum!



Homemade Gifts for the Holidays

Thursday, December 8, 7 pm

Library staff will present several craft ideas for holiday gift giving. The cost, time commitment, and necessary supplies will be shared for each craft plus printed instructions will be provided. There will be a hands-on craft for all to do after the panel presentation. Craft samples will be raffled as well. Holiday refreshments served.



How to Make a Wine Tag and Gift Card

Tuesday, December 13, 6 pm (Limit 15)

Master paper crafter Elaine Sousa will lead the group in making a decorative holiday wine tag that will dress up any bottle of wine. Attendees will also make a holiday gift card holder to add the finishing touch to a festive gift for the holiday season.



Holiday Hours

Saturday, December 24 – Closed

Monday, December 26 – Closed

Monday, January 2 – Closed

Monday, January 16 – Closed

Monday, February 20 – Closed

Staff Training

The Library will be closed from 9 am – 1 pm on Friday, December 9 for staff training.

Happy Holidays!



from the Wilmington
Memorial Library

***RR = Registration Required.**

Register at wilmlibrary.org/events or by calling 978-658-2967.
Registration begins 30 days prior to event.

Stress Relief *RR

Hypnosis and EFT

Thursday, January 5, 7 pm

Join Andrew Morris, Owner of a Better Life Hypnosis & Reiki, for an exciting, informative, and fun presentation on Emotional Freedom Technique (EFT) and Hypnosis. These techniques can be used for stress and pain reduction,

smoking cessation, to improve memory and concentration, and more. You will be invited to participate in group relaxation, meditation, EFT, and hypnosis exercises.



Meditation with Dr. Allan Hughes

Thursday, January 12, 7 pm

Dr. Allan Hughes, a long-time meditator who has been giving workshops and seminars on meditation in various parts of the country, will lead this workshop offering effective techniques that can make your dream of finding inner peace a reality.



Essential Oils with Dianne McCarthy

Thursday, January 26, 7 pm

Learn about various oils and their uses, what to look for, and how to use them safely. Dianne has done extensive research and distributes an organic line of oils.



Cabin Fever *RR

Winter Soups

Thursday, February 2, 7 pm



Nothing is better than a hearty winter soup; unless you could take that one delicious soup, add a few ingredients and create an entirely different soup. Chef Liz Barbour calls this a “progressive” soup and she is eager to walk you through the steps to prepare two soup recipes you can prepare at home. Bring your favorite soup recipe and swap with the group.

Totally '80s Trivia

Thursday, February 9, 7 pm

Flashback to the '80s in this joint event with Reading and Wilmington libraries! Celebrate this totally radical decade with trivia, snacks, and fun! Come



dressed in your best throwback outfit (optional). Prizes awarded!

Armchair Travel to the Greek Islands

Thursday, February 23, 7 pm

Join Jeff Klapes, “The Traveling Librarian,” for stories and photos of the Cycladic Islands of Greece, where you can still enjoy traditional Greek culture, food, and history. On a small boat cruise, we'll visit the well-known postcard islands of Mykonos and Santorini, but also several less touristy islands like Milos, Sifnos, and Folegandros.



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Registration begins 30 days prior to event.

Afternoons at WML

Concerts *RR

(Third Thursday @ 2:30 pm)



Boston Opera Guy

Thursday, December 15,
2:30 pm

Marshall Ames Richards,

better known as the Boston Opera Guy, will sing an array of art songs, sacred music, and opera arias in Italian, French, German, Latin, and English, as well as a few holiday songs to celebrate the season. Marshall, a lyric tenor, was featured in the *Boston Globe* and on WCVB Channel 5's *Chronicle* this past summer.

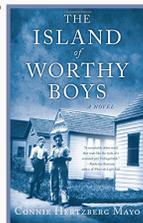
Lectures *RR

(First Monday @ 2:30 pm)

Island of Worthy Boys

Monday, December 5, 2:30 pm

Thompson Island, one of the Boston Harbor Islands, housed a school for "worthy" boys from 1833 to 1975 educating orphaned boys and those from poor but worthy families. Join author Connie Mayo as she talks about her novel *The Island of Worthy Boys* and the history on which it is based.



Musical Stylings of Cassan and Muratore

Thursday, January 19, 2:30 pm

Roberto Cassan on accordion and John Muratore on guitar will perform unique arrangements of Italian music, Argentinian tangos, and original compositions. Don't miss this afternoon of beautiful music! Presented in partnership with the Buzzell Senior Center.



Roberto Cassan on accordion and John Muratore on guitar will perform unique arrangements of Italian music, Argentinian tangos, and original compositions. Don't miss this afternoon of beautiful music! Presented in partnership with the Buzzell Senior Center.

History of the Lowell Boat Shop

Monday, February 6, 2:30 pm

Located on the bank of the Merrimack River in Amesbury, MA, Lowell's Boat Shop is a working museum and National Historic Landmark as the oldest continuously working boat shop in the United States. Established in 1793 by Simeon Lowell, the Shop continues to produce dories and skiffs in the Lowell tradition. Our "Dory Story" extends through every phase of American history including the role we play today in education and preservation.



Harpist Rebecca Swett

Thursday, February 16,
2:30 pm

Enjoy an afternoon of music with harpist Rebecca Swett. She will play classical to pop including well known pieces ranging from Debussy to Gershwin, plus a few love songs in honor of Valentine's Day. A short harp demonstration will also be a part of the program. Rebecca began studying the harp at the age of ten and fell in love with the instrument.



***RR = Registration Required.**

Register at wilmlibrary.org/events or by calling 978-658-2967.

Registration begins 30 days prior to event.

Special Events

After Hours Concert

Soul Revival (ages 21+, \$15)

Friday, December 2, 7 pm

Tickets on sale at the main desk starting Tuesday, November 1

Soul Revival is a New York-based band specializing in music everyone loves ranging from Soul/Funk to Jazz/Pop and everything in between. The musicians (vocalist, keyboardist, bassist, and drummer) have the vivaciousness to infuse the music with a get-up-and-dance vibe. Don't miss this evening of well-known, feel-good tunes plus a few holiday favorites to boot. Ticket price includes a complimentary glass of wine, coffee, and dessert.



17 in 2017

Challenge yourself to read 17 books in 2017!

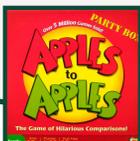
A prize will be awarded on the 17th of each month, with the final grand prize drawing in December. You choose the books and formats (paper, electronic, or audio). Come into the library or visit wilmlibrary.org for a raffle ticket for each book you finish.

Begins January 1, 2017.



Board Games

Having family game night or a get together with friends? We're now lending board games! Check one out for 7 days.



Birdwatching Kit

Become an ornithologist in your spare time with our new Birdwatching Kit! Kit contains binoculars, three birding books, and bird flash cards. Check out for 3 weeks!



T-Mobile Hot Spots

Going out of town but want to keep in touch? Check out a T-Mobile Hot Spot and stay connected! Our hot spots work anywhere near a cell tower. Borrow one for 7 days and always have WiFi when you need it.

December

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Needleworkers 10 am Soul Revival 7 pm	3 Writing Group 9:15 am
5 Island of Worthy Boys 2:30 pm Cookie Exchange 7 pm	6	7 Digital Security 7 pm	8 Homemade Gifts 7 pm	9 Open at 1 pm	10
12 The SBA Advantage 10 am	13 Wine Tag & Gift Card 6 pm	14 Gizmos & Gadgets 7 pm	15 Boston Opera Guy 2:30 pm	16 Needleworkers 10 am	17
19	20 Movie Night 6:30 pm	21	22	23 Needleworkers 10 am	24 Library Closed
26 Library Closed	27 Creative Writing 7 pm	28	29	30 Needleworkers 10 am	31

January

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Library Closed	3 Cookin' the Books 12 pm	4 Digitize It 7 pm	5 Hypnosis & EFT 7 pm Pints + Pages 7 pm	6 Needleworkers 10 am	7 Writing Group 9:15 am
9 Volunteering 10 am	10 Raising Chickens 7 pm	11 Tax Tips 7 pm	12 Meditation 7 pm	13 Needleworkers 10 am	14

16 Library Closed	17 Movie Night 6:30 pm	18	19 Cassan & Muratore 2:30 pm Novel Ideas 7 pm	20 Needleworkers 10 am	21
23 Check Your Map 10 am	24 Creative Writing 7 pm	25	26 Essential Oils 7 pm	27 Needleworkers 10 am	28
30	31				

February

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Digital Clouds 7 pm	2 Winter Soups 7 pm	3 Needleworkers 10 am	4 Writing Group 9:15 am
6 Lowell Boat Shop 2:30 pm	7 Cookin' the Books 12 pm	8 Alternatives to Cable 7 pm	9 '80s Trivia 7 pm	10 Needleworkers 10 am	11
13 Social Media 10 am	14 How to Be Single 6:30 pm	15	16 Rebecca Swett 2:30 pm Novel Ideas 7 pm	17 Needleworkers 10 am	18
20 Library Closed	21 Movie Night 6:30 pm	22	23 Greek Islands 7 pm	24 Needleworkers 10 am	25
27 Unlocking Your Job Search 10 am	28 Creative Writing 7 pm				

Color Key:

Blue: Technology **Green:** Special Event
Purple: Crafts **Red:** Networkers

Orange: Books & Writing
Dark Blue: Lectures



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twitter
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Book Groups *RR

Novel Ideas: Fiction Book Group

Third Thursday of the month, 7 pm

Enjoy reading fiction? Join the library's fiction book group led by Adult Services Librarian Kim Rowley. Please stop by the library to pick up a copy of the featured book.

- **December 15:** no meeting
- **January 19:** *Black Rabbit Hall* by Eve Chase
(Book Talkin' with Eileen MacDougall 6:30 – 7 pm.
Great way to learn about new books!)
- **February 16:** *All the Missing Girls* by Megan Miranda



The Written Word *RR

Writing Group

*First Saturday of the month, 9:15 am
December 3, January 7,
February 4*



If you love to write and seek feedback, then join our writing group. Open to all genres and levels. When registering, please provide your email address so you can receive an agenda and any prep materials in advance. Led by local writing enthusiast Barbara Alevras.

Creative Writing Skill Building

*Fourth Tuesday of the month, 7 pm
December 27, January 24, February 28*

Learn and apply writing tips, tools, and techniques shared by published authors and other writing experts. Open to all who want to improve their writing skills. Please provide your email address when registering so you can receive prep material in advance. Led by local writing enthusiast Barbara Alevras.



Pints + Pages

First Thursday of every other month, 7 pm

A social book group geared toward readers in their 20s and 30s. The group meets on the first Thursday of every other month and location rotates between Wilmington and Reading restaurants.

January 5 @ TBD, Wilmington

Featured Book: *We Were Liars* by E. Lockhart
Bring along at least one book recommendation to share.



17 in 2017

Challenge yourself to read 17 books in 2017!

A prize will be awarded on the 17th of each month, with the final grand prize drawing in December. You choose the books and formats (paper, electronic, or audio). Come into the library or visit wilmlibrary.org for a raffle ticket for each book you finish.

Begins January 1, 2017.



Novelist

Looking for something to read? NoveList is the premiere database of reading recommendations. It is a comprehensive source of information about books that includes expert recommendations, reviews, articles, genre lists, and more. Find NoveList under "Research" at wilmlibrary.org.



"How to" Tuesdays *RR

How to Make a Wine Tag and Gift Card

Tuesday, December 13, 6 pm (Limit 15)

Master paper crafter

Elaine Sousa will lead the group in making a decorative holiday wine tag that will dress up any bottle of wine. Attendees will also make a holiday gift card holder to add the finishing touch to a festive gift for the holiday season.



How to Raise Chickens at Home

Tuesday, January 10, 7 pm

Tired of store bought eggs? Wilmington resident Amanda Munsie from Bountiful Basket Farm will talk about how to get



started raising chickens at home including choosing a chicken breed, raising chicks, chicken care, collecting and storing eggs, and more.

How to Be Single (Movie)



Tuesday, February 14, 6:30 pm

Celebrate Valentine's Day and have a few laughs while watching the offbeat comedy *How to Be Single* starring Rebel Wilson and Dakota Johnson. Chocolate desserts will be served. **Rated R**

***RR = Registration Required.**

Register at wilmlibrary.org/events or by calling 978-658-2967.

Registration begins 30 days prior to event.

Needleworkers



Fridays, 10 am
(no meeting December 9)

Bring a project and enjoy a little conversation. Drop in!

Movie Nights

Tuesday, December 20, 6:30 pm

Tuesday, January 17, 6:30 pm

Tuesday, February 14, 6:30 pm

(How to Be Single)

Tuesday, February 21, 6:30 pm

New release movies and refreshments.

Check the website or call the library 30 days prior for show titles. Children under the age of 10 must be accompanied by a parent or guardian.



Cookin' the Books *RR

First Tuesday of the month, 12 pm

If you love to cook and enjoy talking about food and sharing recipes then this book group is for you.



Stop by the library to pick up a copy of the featured cookbook, select a recipe, and email your selection to book club leader, Lisa Crispin (lcrispin@wilmlibrary.org). Come to the meeting and enjoy sampling everyone's dishes and enjoy the company. Come hungry!

- **January 3:** *The Food Lab* by J. Kenji Lopez-Alt
- **February 7:** *Portuguese Homestyle Cooking* or *Authentic Portuguese Cooking* by Ana Patuleia Ortins (**author will attend the meeting!**)

Wilmington Networkers *RR

If you are looking for work or thinking of changing jobs, then this is the group for you!

Speaker will begin at 10

Please register

Exploring Entrepreneurship: The SBA Advantage

Monday, December 12, 10 am

This workshop will provide information on the various Small Business Administration (SBA) programs and services available for start-up and existing businesses. Learn how the SBA can assist in starting or growing a business. Led by Lisa Gonzalez Welch, SBA Economic Development Specialist.

Networking and Volunteering

Monday, January 9, 10 am

There is a way to improve your job prospects and keep your skills sharp at the same time – volunteering. Non-profits need your professional skills to help them run the “business” side of their enterprise. In turn, you can give back to the community, meet new people, and build relationships while keeping current. Presenter Jack Wang is the Program Site Director for Jericho Road Project of Greater Lowell.

Have You Checked Your Map Lately?

Monday, January 23, 10 am

Having an accurate map to navigate to your destination is a clear plus. If you are not getting the results you want, just being persistent and trying harder is not enough – you may need a new map. Tom McDonough, a career coach from Appia, will help you explore insights from mindfulness, neuroscience, and performance research that can increase your well-being and resilience and help you navigate the correct path.

Using Social Media and Websites for Job Hunting

Monday, February 13, 10 am

Susu Wong, Principle and Chief Connector of Tomo360, an online marketing firm, will talk about using social media and the web for job hunting and for building a personal brand. In the online job market of today, knowing the ins and outs of social media and keeping your personal brand sharp is a must.

Unlocking Your Job Search

Monday, February 27, 10 am

Unlocking your job search requires effort! Take part in this interactive discussion on how to prioritize your job search strategies while implementing a personal balance that will inspire healthy results. Presented by Dusty McNeal, Recruitment Specialist with Securitas Security Services.



*RR = Registration Required

Register at wilmlibrary.org/events

or by calling 978-658-2967

Registration begins 30 days prior to event.

Technology *RR

Classes *RR



Digital Security

Wednesday, December 7, 7 pm

Are you uncomfortable putting personal information online because you doubt it will be safe?

Technology Librarian Brad McKenna will provide helpful tips on how to tell if your information is safe on any given webpage.



Digitize It

Wednesday, January 4, 7 pm

Were you looking at old photos or watching old home movies over the holidays? If so, come to the

library to learn how you can digitize these items so that you'll be able to enjoy them for years to come.



Digital Clouds

Wednesday, February 1, 7 pm

Come learn about that mysterious Cloud. Technology Librarian Brad McKenna will discuss cloud based technologies such as email,

file storage, and music/movie streaming.

Lectures *RR



Digital Life: Gizmos and Gadgets

Wednesday, December 14, 7 pm

Learn about some of the new technology that has been recently introduced

to the market, including robotic vacuums, e-readers, electronic pens, GPSs, wireless keyboards, webcams, and more. Professor Ethel Schuster from Northern Essex Community College Speaker's Bureau will bring her suitcase filled with new technology and give the audience a chance to try it themselves.



Tax Tips (Skillshare)

Wednesday, January 11, 7 pm

Wilmington resident and tax consultant Joe DiJulia will remind taxpayers of certain tax breaks and deductions available for

qualifying expenses in the 2016 tax year. Items to be reviewed include: Roth IRAs, traditional IRAs, 401ks, tuition and fees deductions, American Opportunity credit, Lifetime Learning Credit, and more.



Alternatives to Cable

Wednesday, February 8, 7 pm

Are you tired of having hundreds of channels but not finding anything to watch? Come join Technology Librarian Brad McKenna as he presents

alternatives to cable such as Netflix and the library. While not all free, the alternatives will save you quite a bit of money every month.

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Registration begins 30 days prior to event.

Friends' Annual Appeal

The Friends 2016 Annual Appeal is underway. Please donate and help raise money to:

- Expand arts & culture programs, especially for older adults in the community.
- Provide a custom-built exhibit case for our Youth Services Department to showcase local children's 3-D artwork and special collections.

Your contribution and support is appreciated!

Donate online at wilmlibrary.org or
with a check made out to **The Friends of the WML.**

**Buy gently used books, DVDs, and CDs at the
Book Store Next Door**

Open Wednesdays & Saturdays 10 am – 4 pm
Winter Hours: Closed Wednesdays January – February

